



Consent for Treatment of a Minor or Adult with Guardian

I _____ bearing relationship of _____ to
(Parent/Guardian name) (Custodial Mother, Father, Guardian)
_____, hereby grant permission to Brenda Sallee to provide
(Child's name) counseling to the above mentioned client.

Confidentiality Consideration

When working with clients who are under 18 years old, the client is typically more open and honest when they feel that much of what they say in the counseling room stays in the counseling room, between client and counselor. As minors, the parents/guardians of the client have the right to ask about the sessions, whether they ask for every detail or a simple update on progress. Only with parental consent can the therapist withhold some information. Most times, it is beneficial to allow the counselor to keep some details confidential. If the minor or someone else may be harmed or is in danger, that information will always be discussed with parents/guardians. Feel free to discuss this topic further with Brenda, and discuss any concerns you may have.

It should be understood that if the parents wish to know all details about sessions, it is likely that the minor will not be totally open with the therapist.

I want to know **everything**

Other than safety concerns, what is said in therapy can stay between the counselor and

the minor, with the exception of: _____

Signature and Date: _____

Counselor: _____